

Let Go

One of Six Decisions that will Change Your Life
May 23 & 24, 2009

1. Let go of your efforts to control others.

The alternative to expecting things to go your way is to _____.

2. Let go of your tendency to replay hurt.

The alternative to dwelling on disappointment is to take the thoughts _____ that have _____ you.

3. Let go of your “right” to wrong others

The alternative to returning evil for evil is to extend _____ and _____.

Questions for Personal Reflection And Group Discussion

1. What does the expression “control freak” bring to your mind? What is driving the person who tries to control others?
2. Dissect Prov. 3:5,6. What do these verses have to offer the person who always wants things to go his or her own way?
3. Why do we find it so easy to remember and rehearse how others have hurt us?
4. Which one is more difficult: forgiving those who have hurt you or asking for forgiveness from those whom you have hurt? Why?
5. How is God’s forgiveness of our sins related to our forgiveness of others? See Mt. 6:14,15; Mk. 11:25,26; Lk. 11:4; James 2:13. (It almost sound like showing mercy by offering forgiveness earns us salvation, but let’s not confuse means and evidence. Does fruit *make* a tree come alive or does it *show* that a tree is alive?)
6. Describe some of the ways in which refusing to forgive others can hurt us.
7. When we dwell on things that are rotten and wrong, what effect does it have on how we treat others?
8. What is it about withholding forgiveness that feels so good? What makes refusing to forgive, despite the short-term satisfaction it brings, such a dead end?
9. Since we are not to keep a record of wrongs, what are we to do with the pain inflicted upon us by others?
10. Unfortunately, we all have many opportunities to forgive others for the ways they’ve hurt us. As you’ve studied the Bible passages used in this message, you’ve probably had a particular person on your mind. Apply this lesson by praying to be willing to forgive. You can let it go and be free!

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1. Let go of your efforts to control others.

The alternative to expecting things to go your way is to trust in God.

2. Let go of your tendency to replay hurt.

The alternative to dwelling on disappointment is to take the thoughts captive that have imprisoned you.

3. Let go of your “right” to wrong others

The alternative to returning evil for evil is to extend mercy and grace.