

Myth #1: *You Should Follow Your Heart*

The first in the series:

Urban Myths: Debunking Christian Clichés

May 15 & 16, 2010

1. **Trusting in anything inaccurate is dangerous.**

2. **People say, “Follow your heart,” but our hearts may mislead us.**

•As a compass is affected by a magnet, your heart can be _____ to things that _____ its _____ to lead you right.

•The _____ you feel concerning your choices may come from a clear and good conscience, or from a _____ one!

•There is an absolute standard of morality, but it is not _____ of you; it is _____ and _____ you.

Questions for Personal Reflection And Group Discussion

1. Think of a time when you placed your confidence in something that was not worthy of your trust. It may have been a broken chair, a poorly maintained car, a promising stock, or a slippery salesman. How did you feel when reality came crashing down?

2. The danger of trusting in things that are not worthy of your faith is never more severe than when it comes to your religious beliefs. What happens when people believe things that are not true? Can you think of some examples?

3. Have you known people who operated exclusively according to the idea that they should follow their hearts? What happened to them?

4. Is it possible to feel peace about a situation when you shouldn't? Explain.

5. Why not rely on our feelings?

6. 1 Tim. 4:2 mentions those who have seared consciences, and Tit. 1:15 speaks of those with corrupted consciences. How does this happen to people? How can we prevent it?

7. Look at 1 Cor. 4:3-5. What does Paul say about his own conscience? What can we learn from this passage?

8. Psalm 119:9-11 describes the external, authoritative standard over us. It depicts the recalibration of David's heart. Put these verses into your own words as a prayer to God.

9. What do you need to do in order to get in tune?

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1. Trusting in anything inaccurate is dangerous.

2. People say, “Follow your heart,” but our hearts may mislead us.

•As a compass is affected by a magnet, your heart can be drawn to things that hinder its ability to lead you right.

•The inner peace you feel concerning your choices may come from a clear and good conscience, or from a calloused one!

•There is an absolute standard of morality, but it is not inside of you; it is outside and above you.